

**Appendix 7**  
**List of Modalities**

A modality (see Appendix 4) consists of treatment involving physical therapy equipment or apparatus which does not require the physical therapist's personal continuous attendance during the periods of use but which does require setting up, frequent observations, and evaluation of the treated part prior to and after treatment. Treatments which are considered modalities include, but are not limited to, the following for payment purposes.

*Hydrotherapy*

- ✓ Hubbard tank (unsupervised).
- ✓ Whirlpool.

*Electrotherapy*

- ✓ Biofeedback.
- ✓ Electrical stimulation (transcutaneous nerve stimulation, medcolator).

*Exercise Therapy*

- ✓ Finger ladder.
- ✓ Overhead pulley.
- ✓ Restorator.
- ✓ Shoulder wheel.
- ✓ Stationary bicycle.
- ✓ Wall weights.
- ✓ Wand exercises.
- ✓ Static stretch.
- ✓ Elgin table.
- ✓ N-K table.
- ✓ Resisted exercise.
- ✓ PRE.
- ✓ Weighted exercise.
- ✓ Orthotron.
- ✓ Kinetron.
- ✓ Cybex.

- ✓ Skate (powder) board.

- ✓ Sling suspension modalities.
- ✓ Standing table.

*Mechanical Apparatus*

- ✓ Cervical and lumbar traction.
- ✓ Vasoneumatic pressure treatment.

*Thermal Therapy*

- ✓ Baker.
- ✓ Cryotherapy (ice immersion - cold packs).
- ✓ Diathermy.
- ✓ Hot pack - hydrocollator pack.
- ✓ Infra-red.
- ✓ Microwave.
- ✓ Moist air heat.
- ✓ Paraffin bath.